



MARTINSBURG-BERKELEY COUNTY PARKS & RECREATION
 273 WOODBURY AVENUE
 MARTINSBURG, WV 25404
 264-4842

KOREAN KARATE 2016

Ages:	At least 6 and in first grade
Days:	Saturdays
Fee:	\$30 per participant per month. (Payment is required by the last business day of the month prior to the class you are signing up for – Ex: April payment is due by the last business day in March)
Description:	Students will learn basic self-defense skills such as blocks, kicks, and strikes. Participants will learn choreographed moves called forms. Also, students will learn various block and counter-attack drills with partners. Bag drills will be used to increase focus, power, and technique. In addition to learning karate skills, classes offer increased flexibility, balance, coordination, and muscle tone. Participants will be required to wear a white karate uniform. (Information on uniforms will be provided at your first class) All karate testing will be at the instructor’s discretion and will carry an additional fee. Classes will be held on Saturdays. The classes will run monthly, and class sizes are limited to the first 25 registrants per class.

Name _____ Date of Birth _____

Address _____ Age _____

City _____ State _____ Zip _____

1st Phone _____ 2nd Phone _____ Cell Phone _____

Parents’ Name _____ E-mail _____

School Attending _____ Grade _____

Does your child have any medical concerns which we should be aware of? Yes No
 If so, please explain. _____

LIABILITY WAIVER: As the parent (legal guardian) of the above named minor, I grant permission for this minor to participate in all activities of this program. I assume all risks and hazards incidental to such participation, including transportation to and from such activities, and I do hold harmless the Martinsburg-Berkeley County Parks & Recreation Board, and any and all other volunteers, organizers, supervisors, participants, and persons transporting my child to and from activities, for any claims arising out of injury to my child except to the extent and in the amount covered by the accident or liability insurance carried by such person.

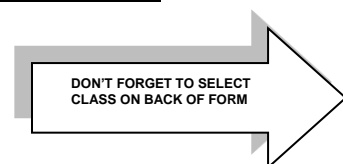
MEDICAL RELEASE: I further grant permission for emergency first-aid to be given to my child in case of injury. If deemed necessary, I grant permission for my child to be taken to the emergency room of a nearby hospital and its staff has my authorization to provide treatment which a physician deems reasonably necessary for the well-being of my child.

REFUND POLICY: Martinsburg-Berkeley County Parks & Recreation will give full refunds only for programs/leagues we are unable to offer.

INCLEMENT WEATHER POLICY: CHECK OUR FACEBOOK PAGE AND OUR WEBSITE (www.mbcparcs-rec.org) Please tune into the local radio stations: WRNR (740AM), WEPM (1340 AM), WKMZ (95.9 FM), or WLTF (97.5 FM) for information on game cancellations.

Signature _____ Date _____

PLEASE COMPLETE THE BACK OF THIS FORM BY SELECTING THE CLASS FOR WHICH YOU WISH TO REGISTER.



MONTH	✓	CLASS #	CLASS NAME	OFFICE USE ONLY
JAN		3000.1100	BEGINNER (9:00- 9:50AM)	A: _____
		3000.1101	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.1102	ADVANCED (11:00 - 11:50 AM)	D: _____
FEB		3000.1200	BEGINNER (9:00- 9:50AM)	A: _____
		3000.1201	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.1202	ADVANCED (11:00 - 11:50 AM)	D: _____
MAR		3000.1300	BEGINNER (9:00- 9:50AM)	A: _____
		3000.1301	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.1302	ADVANCED (11:00 - 11:50 AM)	D: _____
APR		3000.2100	BEGINNER (9:00- 9:50AM)	A: _____
		3000.2101	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.2102	ADVANCED (11:00 - 11:50 AM)	D: _____
MAY		3000.2200	BEGINNER (9:00- 9:50AM)	A: _____
		3000.2201	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.2202	ADVANCED (11:00 - 11:50 AM)	D: _____
JUNE		3000.2300	BEGINNER (9:00- 9:50AM)	A: _____
		3000.2301	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.2302	ADVANCED (11:00 - 11:50 AM)	D: _____
JULY		3000.3100	BEGINNER (9:00- 9:50AM)	A: _____
		3000.3101	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.3102	ADVANCED (11:00 - 11:50 AM)	D: _____
AUG		3000.3200	BEGINNER (9:00- 9:50AM)	A: _____
		3000.3201	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.3202	ADVANCED (11:00 - 11:50 AM)	D: _____
SEPT		3000.3300	BEGINNER (9:00- 9:50AM)	A: _____
		3000.3301	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.3302	ADVANCED (11:00 - 11:50 AM)	D: _____
OCT		3000.4100	BEGINNER (9:00- 9:50AM)	A: _____
		3000.4101	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.4102	ADVANCED (11:00 - 11:50 AM)	D: _____
NOV		3000.4200	BEGINNER (9:00- 9:50AM)	A: _____
		3000.4201	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.4202	ADVANCED (11:00 - 11:50 AM)	D: _____
DEC		3000.4300	BEGINNER (9:00- 9:50AM)	A: _____
		3000.4301	INTERMEDIATE (10:00 - 10:50AM)	#: _____
		3000.4302	ADVANCED (11:00 - 11:50 AM)	D: _____